

# RFK Jr. Is An Extreme Threat To America's Health

December 2024

PROTECT OUR CARE

# REPORT: RFK Jr. Is An Extreme Threat To America's Health

#### Introduction

During his first term, Donald Trump spent four years chipping away at our health care system, working to roll back the Affordable Care Act and kick millions of Americans off Medicaid. He openly embraced conspiracy theories about COVID-19 and encouraged Americans to experiment with household chemicals and untested drugs like Ivermectin. Now, Trump has once again moved to undermine the health care of millions of Americans by nominating Robert F. Kennedy Jr. to be the next Secretary of the Department of Health and Human Services (HHS).

Kennedy is a clear threat to the public health institutions that keep Americans safe from infectious diseases and contaminated food, and provide evidence-based information families rely on to be healthy. He has been a leading anti-vaccine voice for decades (despite claiming he is fully vaccinated himself), spreading false information about vaccines and autism that led to a full-blown measles outbreak in Samoa that killed 83 people, primarily infants and children. Harmful anti-vaccine dogma isn't the only dangerous conspiratorial rhetoric he spreads either; Kennedy has disseminated harmful misinformation about chemtrails, fluoride in the water supply, the health effects of 5G cellular systems, antidepressant drugs and gun violence, and HIV/AIDS. He wants to dismantle drug development and infectious disease research for eight years, threaten reproductive health care access, destroy health care for transgender Americans, and more. Kennedy's misinformation crusade is just one example of his obvious lack of fitness for the position; he has no experience crafting health policy, holds deep ties to known antisemites and racists, and spread conspiracy theories embraced and beloved by neo-Nazis targeting Chinese-Americans, Jewish communities, and Black communities. His abhorrent and deadly conspiratorial beliefs should not be anywhere near the top federal agency dictating health policy.

Make no mistake: RFK Jr. is a MAGA loyalist who will put the personal interests of Donald Trump ahead of the health and safety of the American people. A known conspiracy theorist with dangerous anti-science and anti-vaccination policy positions, RFK Jr. is unqualified to lead HHS and radically out of step with the American people. HHS oversees health care for the 163 million Americans enrolled in <u>ACA Marketplace plans</u>, <u>Basic Health plans</u>, <u>Medicare</u>, <u>Medicaid</u>, and <u>CHIP</u> – just under half of the U.S. population. The agency regulates the health care sector, which accounts for <u>more than 17 percent</u> of the U.S. economy. If Kennedy gets confirmed, American lives will be at risk.

## RFK Jr. Is A Threat To Public Health

#### **Anti-Vaccine Conspiracy Theories**

#### Kennedy Has Been A Leading Anti-Vaccine Voice For Decades, With Deadly

Consequences. Kennedy's anti-vaccine conspiracy theories date back decades before the COVID-19 pandemic. In 2005 Kennedy wrote an article for Rolling Stone magazine and Salon.com asserting that the government was conspiring to cover up the connections between autism and vaccines. Salon.com later retracted the article because of factual errors, and Rolling Stone deleted it. In 2016, he became the chair of Children's Health Defense, a group considered one of the main sources of misinformation about the supposed dangers of vaccines. In 2019, three of RFK Jr.'s notable Kennedy relatives wrote an op-ed in Politico condemning his anti-vaccine advocacy, which they held partially responsible for an American measles outbreak, and writing that he "has helped to spread dangerous misinformation over social media and is complicit in sowing distrust of the science behind vaccines." Earlier this year, Kennedy falsely claimed that the deadly 1918 "Spanish flu" was caused by vaccines – Meta even suspended his Instagram for spreading vaccine misinformation.

• Kennedy Has Spread False Claims Liking Vaccines To Rare Diseases. Kennedy has blamed vaccines for a host of rare diseases. He <u>falsely claimed</u> that a flu shot caused his spasmodic dysphonia, a neurological disorder that caused changes in his voice in his 40s. Kennedy also <u>falsely claimed</u> that there was a link between vaccines and autoimmune diseases like postural orthostatic tachycardia syndrome (POTS): "Mainstream media is finally taking notice of link [sic] between vaccines and this cascade of debilitating autoimmune diseases like POTS. I'm currently representing hundreds of young women and men who got this devastating injury from Gardasil (HPV) vaccines."

**83 People Died In A Measles Epidemic In Samoa After Kennedy Helped Fuel A Wave Of Vaccine Hesitancy.** In 2019, Kennedy <u>visited</u> Samoa at the invitation of a local anti-vaccine influencer. At the time the island nation was attempting to get its vaccination program back on track after two children died following a nurse's error in mixing measles vaccines. Kennedy met with the Samoan prime minister and prominent local anti-vaccine activists. A few months later, a measles epidemic broke out in Samoa, killing 83 people, mostly infants and children. Kennedy is also the originator of a <u>debunked</u> conspiracy theory that the Gates Foundation paralyzed 496,000 children in India during a polio vaccine trial.

**Kennedy: "There's No Vaccine That Is Safe And Effective."** In a July 2023 appearance on Lex Fridman's <u>podcast</u>, when pressed on whether he is opposed to all vaccines, Kennedy said, "There's no vaccine that is safe and effective." Kennedy went on to doubt even the polio vaccine, which he claimed was responsible for, "this explosion of soft tissue cancers in our generation that killed many, many, many more people than polio ever did." He has <u>claimed</u> that the Hepatitis B vaccine is "the most dangerous vaccine."

**Kennedy Said He Accosts Strangers With Babies And Urges Them Not To Vaccinate To "Save" Their Children.** Kennedy <u>told</u> a <u>podcast</u> on the "state of health freedom" in 2021 that, "our job is to resist and to talk about [vaccines] to everyone." Kennedy claimed that if he sees someone "on a hiking trail carrying a little baby and I say to him, 'Better not get vaccinated.' And he heard that from me. If he hears it from 10 other people, maybe he won't do it, you know, maybe he will save that child."

**Kennedy:** "I Do Not Believe That Infectious Disease Is An Enormous Threat To Human Health." At a 2023 roundtable, Kennedy <u>said</u> he does "not believe that infectious disease is an enormous threat to human health." Kennedy also claimed that "medical research on these diseases and vaccine research has created some of the worst plagues in our history" and baselessly asserted that vaccine research was responsible for the creation of HIV, the Spanish flu, Lyme, and RSV.

**Kennedy Called The COVID-19 Vaccine "A Crime Against Humanity."** Kennedy has called the COVID-19 vaccine "a crime against humanity" and falsely claimed that it is the "deadliest vaccine ever made." Kennedy also authored the foreword to a book <u>riddled</u> with false claims that the vaccines had caused a spike in sudden deaths among healthy young people. Experts have estimated that vaccination against COVID-19 saved at least <u>14.4 million</u> lives worldwide in 2021 alone.

#### Threats to Dismantle America's Public Health Apparatus

#### Kennedy Says He Will Pause All Research On Drug Development And Infectious

**Disease.** At a June 2024 town hall meeting Kennedy <u>said</u>, "I'm going to go to NIH my first week and I'm going to call all the division heads and I'm going to call all the bureau chiefs and I'm going to say, we're going to give drug development and infectious disease a break. A little break, a little bit of a break for about eight years." These remarks <u>echo</u> what he told an anti-vaccine conference in November 2023, when he said, "I'm gonna say to NIH scientists, God bless you all. Thank you for [your] public service. We're going to give infectious disease a break for about eight years." Kennedy has also <u>claimed</u> that he will go after medical journals and redirect funding away from epidemiology, a practice that seeks to prevent and control the spread of disease.

#### Kennedy Has Vowed to Fire and Prosecute Hundreds of NIH And FDA Employees.

Kennedy <u>claims</u> to have a list of 600 employees of the NIH that he plans to fire on day one. Before the 2024 election, Kennedy <u>posted</u> on social media, "FDA's war on public health is about to end. This includes its aggressive suppression of psychedelics, peptides, stem cells, raw milk, hyperbaric therapies, chelating compounds, ivermectin, hydroxychloroquine, vitamins, clean foods, sunshine, exercise, nutraceuticals and anything else that advances



human health and can't be patented by Pharma. If you work for the FDA and are part of this corrupt system, I have two messages for you: 1. Preserve your records, and 2. Pack your bags." During a "Make America Healthy Again" event in October 2024, Kennedy also <u>said</u> he would fire every nutritional scientist at the FDA "on day 1," claiming he would otherwise "ship them to a new HHS headquarters in Guam" if unable to fire them. Kennedy has <u>threatened</u> to prosecute Dr. Anthony Fauci and <u>claimed</u> that he would eliminate "entire departments" and hundreds of employees at the FDA.

# RFK Jr. Is A Threat To The Health of Every American

#### Dangerous Health Beliefs

**Kennedy Believes Fluoridated Water Is "Drugging" Our Children.** Kennedy <u>said</u> that the second Trump administration would advise states and communities to completely remove fluoride from the water supply. "On January 20, the Trump White House will advise all U.S. water systems to remove fluoride from public water," he wrote in a social media post and went on to repeat misinformation about fluoridated water's effects on human health. In the U.S., fluoride is present in water at <u>safe levels</u> and has been shown to reduce dental problems in kids and tooth loss in adults.

#### Kennedy Promotes Nonsensical Conspiracy Theories About Wi-Fi And 5G Cellular

**Networks.** RFK Jr. has also circulated the bogus notion that 5G cellular networks are dangerous. According to Kennedy, <u>5G</u> "causes cancer. It causes DNA dysfunction. It penetrates the blood-brain barrier. It's making our children stupider and sicker." Kennedy also <u>claims</u> that 5G networks are part of a sinister plot "to harvest our data and control our behavior." Overheated rhetoric about the supposed dangers of 5G has led to a series of attacks on <u>telecommunications workers</u> and <u>infrastructure</u> in the UK and beyond. Kennedy's technological conspiracy theories extend to Wi-Fi, which he <u>believes</u> also causes cancer and a "leaky brain," saying it "opens your blood-brain barrier."

Kennedy Believes Antidepressants Are Causing Mass Shootings, Opposing Common Sense Gun Safety. When asked at a town hall what he would do to halt the proliferation of semi-automatic weapons, Kennedy said, "I'm not going to take people's guns away" and that there is nothing policymakers can "meaningfully" do through gun control to reduce the gun violence epidemic in America. In a Twitter Spaces appearance with Elon Musk, Kennedy blamed antidepressants and pharmaceutical drugs for school shootings, claiming that, "Prior to the introduction of Prozac, we had almost none of these events in our country and we've never seen them in human history, where people walk into a schoolroom of children or strangers and start shooting people." In a January 2024 interview with a Turkish stateowned media outlet, Kennedy called on the NIH to study connections between "some of the SSRI and psychiatric drugs people are taking" and mass shootings.



• Kennedy Wants To Send People on Antidepressants To "Government Wellness Farms" To Be "Reparented." During a July 2024 'Latino Town Hall' event, Kennedy announced a plan to overhaul the treatment of substance use disorder, widening the umbrella to label users of antidepressants and ADHD medication "addicts," and send them to so-called wellness farms: "I'm going to create these wellness farms where they can go to get off of illegal drugs, off of opiates, but also illegal drugs, other psychiatric drugs, if they want to, to get off of SSRIs, to get off of benzos, to get off of Adderall, and to spend time as much time as they need—three or four years if they need it—to learn to get reparented, to reconnect with communities."

**Kennedy:** "I Am Persuaded" On Chemtrails. In February 2023, Kennedy hosted a fringe conspiracy theorist on his podcast to present on the "chemtrail" conspiracy theory, which holds that commercial airline jetstreams are full of chemicals being dumped across the country by malicious actors. At the end of the presentation, Kennedy declared, "I am persuaded by what you're saying," going on to speculate that chemtrails could be part of a "military program" to "weaponize climate."

• **Kennedy Claimed That Trump Would Stop The "Crime" Of Chemtrails.** In a post on X addressing the chemtrail conspiracy, Kennedy <u>pledged</u>, "We are going to stop this crime." As the Washington Post <u>noted</u>, "And here is the newest member of Team Trump assuring an anonymous social media poster that 'we' — presumably meaning him and Trump or him and the Trump administration — will prevent this thing that isn't happening from happening."

#### Abortion and Reproductive Rights

**Kennedy Cannot Be Trusted To Protect Women's Rights.** In August 2023, Kennedy backed a 15-week federal abortion ban. Though his campaign quickly walked back the policy, Kennedy had stated, "I think the states have a right to protect a child once the child becomes viable, and that right, it increases," and suggested the point of viability was three months – suggesting that he never supported *Roe v. Wade*'s federal abortion protections in the first place. While Kennedy has not spoken publicly about contraception, his nomination as the HHS Secretary would put the fate of birth control accessibility and coverage in his hands. On the campaign trail, Donald Trump spoke frequently of Kennedy's "passion" for women's health and ominously threatened to let RFK Jr. "go wild" and "do whatever you want" on women's health. Kennedy's anti-choice rhetoric even earned him praise from the leading anti-abortion group Susan B. Anthony List.

#### L*GBTO+Health*

**Kennedy Will Destroy Transgender Health Care.** RFK Jr. supports banning evidence-based gender-affirming care that many medical experts consider a medical necessity, calling it a "non-existent" issue. Gender-affirming care has been considered "safe and medically necessary" by every major medical organization, yet Kennedy has continued to use gross and barbaric language referring to sex change therapies and medications as "castration drugs" and "surgical mutilation." Denying access to gender-affirming care can be detrimental to transgender youth, directly attacking their physical and mental health and well-being. According to the Trevor Project, suicide attempts by minors increased by 72 percent in states that passed anti-transgender laws aimed at youth.

Kennedy Believes That Chemicals In The Environment Are Making Children Gay Or Transgender. Kennedy has repeatedly shared unfounded conspiracies that man-made chemicals in the environment could be making children gay or transgender and causing the so-called feminization of boys and masculinization of girls.

**Kennedy Has Repeatedly Stated That AIDS May Not Be Caused By HIV.** On multiple occasions Kennedy has suggested that AIDS may not be caused by HIV, an established scientific fact for decades, <u>claiming</u> instead that, "There are much better candidates than HIV for what causes AIDS." Kennedy has also <u>claimed</u> that AIDS was caused by "a gay lifestyle" and the use of alkyl nitrites, or poppers.

#### Racism and Antisemitism

Kennedy Pushed Scientific Racism, Backing A Pseudoscientific Conspiracy That The U.S. Is Developing Bioweapons Targeting Different Ethnicities By DNA. In a video uncovered by Rolling Stone in June 2023, Kennedy claimed that the U.S. was collecting DNA from ethnic Chinese and Russians in order to develop so-called ethnic bio-weapons against foreign adversaries: "We know that the Chinese are developing ethnic bio-weapons. Bio-weapons that are designed to attack people of certain racial types. And we're doing the same thing. We've been collecting Chinese DNA. We've been collecting Russian DNA specifically for that. [This] arms race is a catastrophe." The concept that race or ethnicity are biologically distinct is based on a pseudoscientific, fascist myth, and Kenned provided no evidence that these weapons were possible or in development.

**Kennedy Spread A Xenophobic And Antisemitic Conspiracy Theory About COVID-19 Being "Ethnically Targeted" To Spare Jewish And Chinese People.** At a July 2023 dinner in Manhattan, Kennedy proposed that the COVID-19 virus may have been ethnically targeted to spare Jewish and Chinese people. "There's an argument that it is ethnically targeted," Kennedy said. "COVID-19 is targeted to attack Caucasians and Black people. The people who are most immune are Ashkenazi Jews and Chinese." The idea that race or ethnicity can determine infectious disease outcomes is rooted in racist pseudoscience. As the Association of American Medical Colleges concluded, "Health disparities are driven by racism, not race."

• Neo-Nazis, Holocaust Deniers, And Antisemites Celebrated Kennedy's Conspiracy Theory As "100% Correct." Although Jewish and Asian groups and multiple members of the Kennedy family were swift to condemn Kennedy's theory that COVID-19 was "ethnically targeted" to exclude Jewish and Chinese people, a report from Media Matters found antisemitic and neo-Nazi commentators rushing to praise and amplify his conspiracy theory. Neo-Nazi Andrew Anglin said he "totally supports" Kennedy's theory, Holocaust denier Henrik Palmgren tweeted that "#RFK is 100% correct," and praise for Kennedy was widespread on the far-right social media platform Gab.

#### Kennedy Has Frequently Met With And Promoted Antisemitic Conspiracy Theorists.

The July 2023 dinner was not Kennedy's first foray into antisemitic and racist conspiracy theories. In the summer of 2023 alone, Kennedy <u>touted</u> meeting with the rapper Ice Cube, who has a <u>long history</u> of bizarre conspiratorial antisemitic tweets, and he <u>publicly defended</u> musician Roger Waters, who was embroiled in <u>antisemitism controversies</u> after, among other things, donning a costume intended to evoke Nazi attire at a concert in Germany. Kennedy has also <u>repeatedly promoted and praised</u> fringe online broadcaster James Corbett, a Sandy Hook and 9/11 conspiracy theorist who has claimed that "Hitler and the Nazis were one hundred percent completely and utterly set up."

Kennedy Has Repeatedly Made Offensive Comments Comparing Vaccine Mandates To Nazi Germany. At a 2022 rally against vaccine mandates in Washington, DC, Kennedy compared vaccine mandates in the US to Nazi Germany, outlandishly claiming that Anne Frank was better off when she was hiding from the Nazis than life in the U.S. as an unvaccinated person. "Even in Hitler's Germany, you could cross the Alps into Switzerland. You could hide in an attic like Anne Frank did," said Kennedy. Kennedy's comments at the rally were condemned by numerous Jewish organizations and he was forced to apologize to "the extent my remarks caused hurt," but he had actually invoked comparisons between Nazis and vaccines numerous times previously, including posting images of Anthony Fauci with a Hitler mustache on social media during the COVID-19 pandemic and using the word "holocaust" to describe children he believes were hurt by vaccines in 2015.



#### Kennedy Has Had A Long Partnership With Virulent Antisemite Louis Farrakhan.

Kennedy has often allied himself with Nation of Islam leader Louis Farrakhan, who regularly launches into tirades about alleged Jewish control of media and government. Kennedy met with Farrakhan at his Chicago home in 2015, with Farrakhan later tweeting that they discussed "a vaccine that is designed to affect Black males." At a protest at the CDC in Atlanta later that year, Kennedy praised Farrakhan, calling him "a truly great partner in this battle" and claimed that African American children were particularly at risk for "vaccine injury." Kennedy's partnership with the Nation of Islam has continued until at least 2021 when Kennedy premiered a documentary targeting African Americans with anti-vaccine propaganda called Medical Racism at an NOI conference in Chicago. In a speech at the event, Farrakhan praised the film and told the audience, "You need to follow Robert Kennedy."

**Kennedy Has Targeted Dangerous And Disproven Anti-Vaccine Propaganda At The Black Community.** For years, Kennedy has targeted a particularly dangerous form of vaccine denial at the Black community. Richard Allen Williams, founder of the Association of Black Cardiologists and former president of the National Medical Association <u>called</u> Kennedy's Children's Health Defense "absolutely a racist operation" that is particularly dangerous to the Black community. In 2021 at the height of the COVID-19 vaccination campaign, Kennedy <u>released</u> a film called *Medical Racism*, which promoted <u>disproven</u> claims about the dangers of vaccines and explicitly warned communities of color to be suspicious of "sinister" vaccination campaigns. Several doctors and experts who participated in the film later <u>denounced</u> it and said they felt used and misled about the message of the documentary.

• Kennedy Pushes Vaccine Denial In The Black Community By Claiming "People With African Blood" Respond "Completely Differently" To Vaccines Than Other Groups. In 2017, amid a measles outbreak that was devastating Minnesota's Somali-American community due to low vaccination rates, Kennedy continued to push his false claims that "science and anecdotal evidence suggest that Africans and African Americans may be particularly vulnerable to vaccine injuries including autism." In 2021 while the COVID-19 pandemic was devastating the Black community, Kennedy recorded a webinar encouraging Black people to be skeptical of vaccines claiming, "There has been abundant evidence... beyond any dispute that Blacks are disproportionately harmed by vaccine injury," and adding, "Blacks react completely differently to vaccines... we now know it's just one huge experiment on Black Americans, and they know what is happening and they are doing nothing." In a 2020 interview, Kennedy also asserted without evidence that "People with African blood react differently to vaccines than people with Caucasian blood. They're much more sensitive."



## RFK Jr. Is Unfit to Run America's Health Care System

Kennedy Is Completely Unqualified To Lead The Nation's Largest Civilian Agency

Kennedy Has No Experience With Crafting Health Care Policy Or Managing A Large And Complex Organization. HHS secretaries are typically seasoned policymakers with lots of experience moving policy through government agencies, managing large organizations, and being accountable to the public. Barack Obama nominated an experienced governor and state insurance commissioner to be his first HHS Secretary and even in his first term Donald Trump nominated a long-tenured pharmaceutical executive with previous government experience. Kennedy has no relevant experience for this position, has never worked in government, and has never directed a large organization of any kind. His antivaccine group, Children's Health Defense, lists fewer than ten staff members, compared to more than 80,000 employees of HHS across a diverse array of sub-agencies and departments.

Kennedy Has Little To Say On America's Largest Health Insurance Providers. Despite being nominated to run HHS, RFK Jr. has failed to take any position on America's largest health care institutions - Medicare, Medicaid, and the Affordable Care Act, which fall under the purview of HHS. In some of his only comments on the ACA and health insurance, Kennedy falsely claimed that the passage of the Affordable Care Act resulted in Democrats "getting more money from pharma than Republicans" and promoted an expansion of Health Savings Accounts, which make health care less accessible and affordable. Instead, Kennedy has been largely outspoken on public health issues overseen by organizations like the Food and Drug Administration, the Center for Disease Control, and the National Institute of Health.

#### Kennedy Is Unstable and Unfit to Hold Office

Kennedy has a long and well-documented history of erratic and bizarre behavior.

- Admitting To Being Frequently Fooled By Online Misinformation. In August 2024, Kennedy <u>publicly admitted</u> that he falls for online misinformation and <u>fake AI-generated content</u> "all the time," <u>telling</u> a reporter: "Somebody will send me something and I'll go "Holy cow, did you see this?", he said, describing how he credulously forwards fake content to his children, only for them to have to correct him. (Kennedy said that, unlike him, his children can identify fake images 'immediately.')"
- Parasitic Brain Worms. In May 2024, Kennedy disclosed that in 2010 doctors found a dead parasitic worm in his brain leading to brain fog and memory problems. Kennedy said that these symptoms went away with time, but he has not sought out treatment for the parasite. Doctors say that while the parasite could have caused brain fog and memory issues, these symptoms align more with mercury poisoning, another health scare Kennedy faced at the time. During his campaign for president, Kennedy offered in a post on X to consume "5 more brain worms and still beat President Trump and President Biden in a debate."
- **Mercury Poisoning.** During his 2012 divorce deposition, Kennedy claimed that he "clearly" had "cognitive problems" stemming from mercury poisoning: "I have cognitive problems, clearly...I have short-term memory loss, and I have longer-term memory loss that affects me." Kennedy was diagnosed with mercury poisoning around 2010 and underwent chelation therapy after experiencing "severe" brain fog and reporting trouble retrieving words. Kennedy told the New York Times that he had 10 times the blood-mercury level of what the EPA considers safe. He has made public statements about experiencing mercury poisoning as early as 2004 and has admitted to having memory loss for over two decades.



# The Guardian RFK Jr says he faces federal investigation for beheading whale



RFK Jr. admits to dumping a dead bear in Central Park, solving a decade-old mystery

The New Hork Times

R.F.K. Jr. Says Doctors Found a Dead Worm in His Brain

- **Illegally Nabbing A Bear Carcass.** In August 2024, Kennedy <u>admitted</u> to moving a bear cub's carcass that was hit by a car in upstate New York to Central Park and staging a bicycle accident. RFK Jr. stated his original intention of collecting the bear carcass was to skin it and preserve the meat. While it is legal to obtain a bear tag in the state of New York for roadkill, Kennedy did not.
- Carrying Home A Dead Whale Head. In September 2024, a federal law enforcement agency confirmed an open investigation into RFK Jr. allegedly cutting off the head of a dead whale and taking it home 20 years ago. Kennedy's daughter, Kathleen Kennedy, shared the whale incident in a 2012 interview with *Town and Country* and has resurfaced and shared on social media in the wake of RFK Jr.'s presidential candidacy.
- Extramarital Affairs. In 2013, the *New York Post* uncovered a journal documenting Kennedy's dozens of affairs when married to the late Mary Richardson Kennedy. The journal also contained entries about his issues facing "lust demons." In October 2024, four women came forward claiming to have been romantically involved with Kennedy, who is currently married to actress Cheryl Hines. News broke in September of a sexting scandal between Kennedy and a *New York* magazine reporter, followed by three women who knew Kennedy through his anti-vaccine Children's Health Defense organization.